

## Caring for your Temporary and Permanent Crown

## Temporary Crown

- Your temporary crown is designed to hold space, insulate, and protect your tooth over the next two-three weeks.
- Continue flossing around your temporary crown. It's best to thread the floss out to the side when removing to avoid pulling the temporary off of the tooth.
- Your temporary crown is semi-fragile. Please avoid:
  - Clenching and/or grinding
  - Chewing on food that is especially crunchy or sticky
  - Gum chewing
- If your temporary crown comes out:
  - Use toothpaste or denture adhesive to put crown back on if possible.
  - Please call us so we may re-adhere the temporary crown or decide next steps. If the temporary should break or cannot be put back on, we will likely need to make a new temporary for you. This is a fast process.
  - Failing to address a lost temporary may result in your permanent crown not fitting. It may also potentially compromise the integrity of the tooth it was attempting to protect.

## Permanent Crown

- Your crown needs to be cleaned and brushed 2x daily (like the rest of your teeth). Cavities can and will form below the crown if plaque/debris is not adequately removed.
- Be sure to floss away plaque/debris from your crown just like a normal tooth. Water flossing or string floss is wonderful!

We invite you to contact us with questions!